



Physical Education Policy (Linked to Curriculum Policy)

In accordance with our Mission Statement

'At Our Lady & St. Hubert's, home, school and parish work together as we grow and learn, knowing that God is with us in all we do.'

Date: February 2020

Review date: February 2021

At St Hubert's, we strive to teach Physical Activity in line with our school mission statement that;

"At St Hubert's, home, school and parish work together as we grow and learn, knowing that God is with us in all we do."

RATIONALE

St Hubert's Catholic Primary School is committed to promoting the health and well being of its pupils and staff through physical activity.

This policy outlines the organisation, teaching and management of physical activity at St Hubert's.

Physical development expands the children's knowledge, skills and understanding so that they can perform with increasing competence and confidence in a range of physical activities. These include games (invasion, net and wall, striking and fielding), gym, dance, swimming and water safety, athletics and outdoor adventure activities.

Physical activity involves thinking, selecting and applying skills. It also promotes positive attitudes towards a healthy lifestyle enabling our children to make informed choices about physical activity throughout their life, using their God given talents and attributes.

ETHOS & ENVIRONMENT

St Hubert's strives to maximise opportunities for children, young people and all associated with the school to be physically active by promoting all avenues for activity. This includes the curriculum, environment and wider community, in line with our mission statement.

PHYSICAL ACTIVITY AIMS & OBJECTIVES

Aim: To ensure that all aspects of physical activity in school are promoted for the health and well being of pupils, staff and visitors.

Our specific objectives are as follows:

1. To develop the children's enjoyment of physical activity through creativity and imagination;
2. To enable children to develop and explore physical skills with increasing control and coordination;
3. To enable children to evaluate their own and others' performance and improve their quality and control as a result;
4. To encourage children to work and play with others in a range of group situations;
5. To develop children's knowledge and understanding of different sports and games, and apply rules and conventions when taking part;

6. To teach children to recognise and describe how their bodies feel during exercise and understand the importance of a healthy lifestyle.
7. To teach children to work at their best at all times in a sporting, fair and Christian way.

EQUAL OPPORTUNITIES AND DIFFERENTIATION

All physical activity opportunities offered at St Hubert's are designed to be inclusive, and cater for different ability levels. All children will be given the opportunity to participate in a range of physical activities regardless of gender, ethnicity or ability.

When planning work, teachers should be aware of the school ethos of inclusion and reflect this in terms of curriculum provision, range and content. This will include differentiation within lessons: some children will be physically talented and will need extension work, others may need longer to complete a task or to work with more limited boundaries or with more support.

RESOURCE PROVISION

Resources to support the teaching of PE across the school are kept in the PE stores inside and outside. We use Langley swimming pool for swimming lessons, Sandwell residential centres and Alton Castle for OAA activity. The school grounds and hall are also extensively used. The use of Q3 academy field is under review.

PLANNING AND ASSESSMENT

Staff at St Hubert's teach and assess PE by:

- i) Having clear learning objectives and making sure that the pupils are aware of these and the criteria being used. These are taken from the relevant units of work.
- ii) Setting tasks to cover the learning objectives.
- iii) Observing and asking questions.
- iv) Forming a general impression of the group in relation to objectives.
- v) Looking for general achievement focussing on positive action.
- vi) Identify those demonstrating the learning objectives.

Long-term planning is outlined on the school curriculum map. Teachers record weekly planning on school planning sheets outlining key objectives, activities including extension and support, cross-curricular links.

Assessments should however take the form of observations, with children's performances being measured against NC levels within the PE Hub Assessment Tracker. This should be updated onto the DCPro to help inform future planning.

RECORDING AND REPORTING

The written recording of attainment outlined above will be used to inform reports to parents. In addition it will be necessary to record attainment using photographic evidence of each unit of work. This will provide a formal assessment and evidence of work undertaken.

PLANNING

Long Term Planning indicates the breadth of PE that is required across all key stages.

Medium Planning shows the progress and development of acquiring individual skills and techniques that are then incorporated into small sided games that require the development of strategy and space awareness.

Short Term Planning is based on the medium term planning broken down into individual lessons. Each year group has an online portal (PE Hub) with contains broken down lessons and helps teachers to produce a series of lesson plans to fulfil the unit objectives.

MONITORING & EVALUATION

Planning will be monitored to ensure that two hours of quality PE is being planned and delivered every week. Lessons will be observed and pupil discussions will take place. Children will complete feedback forms at the end of a unit to help evaluation of a unit.

HEALTH & SAFETY

Please refer to the school's health and safety policy and risk assessment file.

EQUIPMENT

Please refer to the school's health and safety policy and risk assessment file.

CLOTHING

Please refer to the school's health and safety policy and risk assessment file.

HALL, PLAYGROUND, FIELD

On entry into the hall and playground children should assess any hazards that could provide a danger, under the supervision of the teacher.

MONITORING

The PE Co-ordinator will monitor what is happening across the school in relation to:

i) **STANDARDS**-how well the pupils are achieving in relation to the unit objectives through lesson observation, discussion with staff, checking assessments.

ii) **Curriculum**

The co-ordinator will check that the appropriate units are being taught; whether the pupils can cope, whether resources are used appropriately. This will be done by monitoring planning, discussion, lesson observations, team teaching or through assessment records.

iii) **Teaching**

The co-ordinator will share lesson objectives, give feedback, challenge individuals and address progression through provision of INSET.

iv) **Procedures**

Please refer to the school's health and safety policy and risk assessment file.

P.E. Kit

If children do not have a PE kit, teachers are responsible in sending a letter home to parents to remind them. This letter can be found on the school portal area. Spare PE kits

are in the indoor PE cupboard which children should then be wearing so they do not miss out on the 2 hours of physical activity a week. If no PE kit can be found then children are to complete PE activities and then work alongside the teacher to feedback to peers. Children are allowed to use the Ipad to take pictures of peers.

EXTRA CURRICULAR PROVISION

Break times / lunch times

The playground has been organised to encourage children to take part in PE during their breaks. Children are encouraged run around, jump and play with sponge balls. Skipping ropes and coach is provided for children once a week to help encourage physical activity. Lunchtime supervisors are responsible for monitoring the equipment.

After school clubs

We encourage all pupils to take part in a range clubs, and involve them in deciding the clubs we put on offer. Registers of clubs are kept to identify those who do not take part in extra regular exercise. A wide range of clubs is also offered; these may include dance, football, netball, athletics and multi skills.

Competition

Pupils take place in a range of intra-school and inter-school competitions some of which are organised through the local School Sports Partnership and local mini leagues. Others are organised internally.

Children are reminded of the need for Catholic values and fair play in all competitive sport they take part in. Unfair play will not be tolerated.